

UROLOGY CLINIC
LEVEL 2 (SOUTH BLOCK)
ROYAL NEWCASTLE CENTRE
TEL: 4922 3332

URODYNAMIC STUDY

YOUR APPOINTMENT IS ON _____ AT _____

Ladies, please inform your Doctor or Urology nurse if there is a possibility that you may be pregnant, as x-rays are used during this procedure.

PLEASE REPORT TO THE DESK IN THE **SOUTH BLOCK OUTPATIENT CLINIC**
AT LEAST **15 MINUTES** PRIOR TO YOUR ALLOCATED APPOINTMENT TIME.

ABOUT THE TEST

An Urodynamic Study is a bladder test that will help your doctor find the cause, and decide on the best treatment for your bladder problem.

This test is performed in the Diagnostic Suite, level 2, Royal Newcastle Centre at the John Hunter Hospital.

BEFORE THE TEST

It is important that you attend your appointment with a FULL BLADDER; we understand that this is not possible for some patients. Prior to the test you will be asked to pass your urine into a "Flow Meter" to measure how well you empty your bladder.

PLEASE INFORM THE NURSE IF YOU KNOW, OR THINK YOU MAY BE ALLERGIC TO IODINE, ANTIBIOTICS, OR LATEX PRIOR TO THE TEST

WHAT THE TEST INVOLVES

- You will be asked to undress and put on a hospital gown.
- After you have passed urine the nurse will get you to lie down on the x-ray table.
- A small pressure and filling tube (catheter) will be inserted in to your bladder and a small pressure tube is inserted into your back passage.
- Your bladder will be filled slowly with fluid that contains *iodine* this will allow the doctor to see inside your bladder using the x-ray machine. The pressure in the bladder is recorded on the computer.
- When your bladder is full, the tube used to fill your bladder is removed and you will be asked to empty your bladder into a container.
- After passing your urine, the test is finished. The nurse will remove the remaining tubes and you will be shown where you can clean up and change.
- After dressing, the doctor will give you the result of your test and arrange any prescriptions or follow up appointments for you.

YOU CAN DRIVE, EAT, DRINK AND TAKE YOUR MEDICATIONS
AS USUAL BEFORE AND AFTER THE TEST

**If you need more information, please contact the Urology Clinic
on 49223332 / 49223331**

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